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(Newsletter of Eurasia Reiyukai)

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Gratitude is the basis of Reiyukai Education.

Make others' happiness as your own happiness! Make others' sorrow as your own sorrow! Reiyukai Teaching builds this kind of human world!

> Yushun Masunaga Founder President, Eurasia Reiyukai



Appeal of the Responsible Shibucho Sri Bhim Bahadur Gurung of Eurasia Reiyukai 22nd Mihata Branch

By the grace, love and blessing of the Founder President of Eurasia Reiyukai, I have availed the opportunity to acquaint myself with the great Reiyukai Teaching and practicing it using my hand, foot and body to accomplish the dedicated practice and effort. One would rarely get this

opportunity even after myriad of ages. Being under the umbrella of Eurasia Reiyukai 22nd Mihata Branch, I have availed the great opportunity to implement its principles like honesty, obedience and unity by accomplishing the image of "always smiling youth".

Walking on the footsteps shown by the Founder President, principle of 'implement oneself first and then to others', I have availed opportunity to practice (provided according to the need of the hours), uniting myself with the members residing in Nepal and India. Accepting gratitude as the basis, I have availed opportunity to make myself of present. Being active, I have been working on to develop more and more people who can contribute for

the development of society. By the great teachings of Reiyukai I have availed the opportunity of being able to return gratitude to my guardians, forefathers and the nation for the virtues they have done to us.

Implementing the lessons taught in the Sadharmakapundarika Sutra

and the mission of 'Walk Million Immediate Implementation', I have availed the great opportunity to get the fruit of virtue by developing a family that follows the principle of keeping forefathers as the central figure for doing all daily business. Let us all hold it firmly that 'the sense of gratitude' should be the basis for all of us and we must strive to develop one more man who could make



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himself useful for the society. With this lets set our own example and unanimously implement and produce the flowers of Buddha's Teaching in this Eurasia Continent.

Appeal of the Eurasia Reiyukai Women Development Shikkobu Responsible Smt. Durga Gurung



I would like to express my gratitude for availing opportunity to receive the great kindness from the Founder couple and practice with the members of Nepal and India under the guardian umbrella of Eurasia Reiyukai 22nd Mihata Branch. On 21st January 1993, I got the opportunity to welcome the 'lord of Preservation' of my Shibu in the Gohoza of my home and have been able to nurture myself along with my husband and other members. I have also

been availing opportunity to nurture many number of female members, like me, who are attracted to the Reiyukai Teaching. By availing opportunity to take them beyond the four walls of their houses I have been able to nurture them as Hozain, Jun Hozashu, Hozashu, Jun Shibucho and Shibucho.

With the principles of remembering forefathers, Purification of the Relation of our Karma (deed) and Repentance Practice, let us change our bad habits and develop our inner soul with an intention to develop more and more female members who would walk on the path on which we are walking

on now. The qualities of women like knowledge, art and strength should not be restricted within their homes rather let them use their potential for the development of the society.

'Today's child is tomorrow's torch bearers'; hence all children must be given lessons on respecting parents, society and nation. At the same time we need to develop in them a sense of patriotism by applying the principles of Reiyukai Teaching 'implement yourself first and then to others'. From the directions provided by the Founder President; the principles of one ism should be accepted, followed and actually implemented and must produce result in our own places. We cannot sustain without producing the result. As gratitude is the basis of Reiyukai Teaching, we must be grateful for being acquainted with such a great Teaching and join hands with each other to create a developed society. By actively participating in the 'Walk Million Immediate implementation mission, let us turn towards the house we live and to the society; and by using our hands and feet avail opportunity to do Michibiki and provide the same to others. In this way, lets come forward to save our Eurasia Continent with a promise to produce its effect and result at the end.

Japan Tour Practice

On the invitation of the Japan Reiyukai 8th Branch and under the leadership of the Eurasia Reiyukai Mihata, five leaders of



Eurasia Reiyukai availed opportunity to participate in the Japan Tour Practice from 23rd January to 31st January 2014. Leaders of the visiting group availed opportunity to participate in the grand gathering

Ceremony on 26th January 2014 organised by Japan Reiyukai 8th Branch. They also toured different locations in Japan before returning to their homeland.

Football Tournament on the occasion of India's Republic Day

Eurasia Reiyukai Social Development Centre, Siliguri and the Boys' Club of Bangkimnagar jointly organised a Foodball Tournament along with many different programmes on the India's 65th Republic Day Celebration at the

Bhutia Maidan (ground), Siliguri.

On this occasion artists from the locality had presented different attractive patriotic cultural dances. The main attraction of the programme was the One-day Football Tournament on which 12 teams had participated. 'Shivmandir' had won the tournament. All the members of the winning team and the best players were awarded Trophies, Certificates along with Cash Prize.

Personal Experience

Name : Smt. Kalpana Regmi
Area : Chapacote, Syangja
Oya : Shanti Shreshtha

Designation: Jun Hozashu

Namaskar!

My name is Kalpana Regmi. On the 6^{th} of June, 2012, I availed of the opportunity to get acquainted with Reiyukai teaching. I belong to the 25^{th} Mihata Branch.

Before I got acquainted with Reiyukai teaching, I had undergone training in anchoring organised in Chapacote by a group of women. In this training from the speech of Shibucho Sri Janardan Adhikari I got to understand the greatness of Reiyukai teaching. He told us that it teaches us to respect our guardians and provides us the opportunity to remember our forefathers who have passed away.

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After the realisation of the importance of the teachings of Reiyukai in our lives set in, without any further delay, from the bottom of my heart I decided to avail of the opportunity to become a member through the initiation of Oya Shanti Shreshtha.

As the Shibucho had said, after being a member of Reiyukai it was our responsibility to make members to our friends and relatives. From our part we should continue to develop one more man who would help in achieving the Reiyukai's vision of 'World Peace'. I realised the importance of this task and within a month availed the opportunity to make forty members and at the same time established Sokaimyo in my house. From that day onwards I am blessed with the opportunity to offer Sutra recitation regularly.

In the mean time, one day Shibucho called me and told that there was a Practice Programme at Sthirmati Hill in Pokhara and requested me to participate. I could not let the opportunity sleep from my hand and went to attend the programme. The two days programme provided opportunity to learn value education which we cannot get at the school or college level.

Felicitation to Senior Guardians above the age of 70

On the 18th January 2014, the 25th Branch of Eurasia Reiyukai organised a felicitation programme for the senior citizens of more than 70 years of age. The Chief Guest of the programme was the great author Sri Durga Shreshta



who conferred them with shawls. At this function 24 people from Kathmandu, Bhaktapur, Lalitpur Kavrey, Khotang and Palpa were invited to felicitate.

The programme made me realise that I was getting a second life by joining in Reiyukai and also made me realise my earlier follies with an opportunity to repentant by introspection.

The Shibucho deliberated the directions provided by the Founder President at the programme. When I heard his speech I got to realise that we should continuously change our bad behaviours to good ones. When we realise our bad behaviours we must immediately get rid of doing it again.

After these memorable two days I returned home with some noble thoughts and promised myself to change my bad behaviours one by one from then onwards.

Before I got acquainted with Reiyukai teaching I never respected others, neither greeted them with folded hands nor said thanks to anyone but even on my mistakes I did not beg pardon. However, today, because of the Reiyukai's teaching I have started doing all those things and discovered myself in a better position in mixing up with everyone in the society. This helped me to do Michibiki easier too. Now when I meet with people they say they have noticed a great unbelievable change in me. I feel very happy for they also say that now I have given up my earlier proud nature. The most important aspect of Reiyukai teaching I have found is the equal opportunity given to a daughter to remember forefathers at par with other male members of our society. I have motivated myself and availed opportunity to follow the directions given by the Shibucho with regard to chanting Sutra by heart. I have availed opportunity to share my experiences and knowledge with my friends by doing Michibiki. Every Saturday with the support of my family I organise meeting of members at my own house and avail opportunity to share experiences with one another.

I have availed the opportunity to do 100 Michibikis and also participated in the Gohomyo Ceremony where I completed 100 days practice within the stipulated time. From there on I am entitled and availed opportunity to write Sokaimyo and doing so. Along with this I have started establishing the same at the houses of those members who have the relation of Karma (deeds) with me.

Lastly I would like to express my humble gratitude to my Oya and the Founder President of Eurasia Reiyukai for providing the opportunity to learn Reiyukai Teaching and bringing Reiyukai in Nepal.

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To conclude, with the feeling for learning every time and with a sense of gratitude and forgiveness I promise to implement the directions provided by my seniors. I shall avail the opportunity to receive the virtuous fruit by becoming Hozashu and keep the intention to become Jun Shibucho by a continuous practice of 'making oneself a person of today'.

March for Peace

On the 22nd of January, 2014 the 13th Branch of Eurasia Reiyukai organised a massive 'March for Peace' programme with its motto to introduce Reiyukai Teaching in the society. The main objective of the programme was to add

one more man who could contribute to the development of society. Under the leadership of the programme convenor Shibucho Sri Kamal K C the procession marched through the Bazar and ended at the ground where Tikapur Festival was organised by the Industrial Business Society.



A glance at the Photographs of some Social Activities



Computer Training, Eurasia Reiyukai 21st Branch, Siliguri, India



Children Gathering, Eurasia Reiyukai 11th Branch Dhobidhara, Kathmandu



Free Eye Check-ups, Eurasia Reiyukai 28th Branch, Prithibinagar



Candle and Phenyl Preparation Training, Eurasia Reiyukai Society Development Centre, Kalimpong.



Handicraft Training, Eurasia Reiyukai 11th Branch, Dhobidhara, Kathmandu



Three Months Training on Chinese Cooking, Eurasia Reiyukai 17th Branch, Siddarth Nagar.